### **Occupational Health Services**



MBTA Board of Directors/
MBTA Safety, Health & Environmental
Subcommittee

Kate LeGrow

Sr. Director Occupational Health Services



January 13, 2022

### **Occupational Health Services**



- Physical Examinations
- Sleep Disorders Assessment and **Treatment Compliance**
- Medication Education and Monitoring
- Ensure Treatment Compliance for Ongoing Chronic Health Conditions
- Flu Shot Clinics
- COVID Vaccine Verifications

**MBTA Medical** Clinic

**MBTA Workers'** Compensation

- Claims Management and Litigation
- Examine, Investigate and **Analyze Claims**
- Interact with injured employees and family members
- Liaison with medical providers
- Represent Authority at DIA Litigation management

 Substance Abuse **Professional Evaluations** 

- Short-Term Counseling
- Treatment Referrals
- Crisis Intervention (24/7)
- Mental Health Monitoring
- Discipline Referrals (Attendance, Safety Violations etc.)

**Testing & Training Employee** MBTA (FTA & FRA) **Assistance Program** (MBTA & MassDOT)

MassDOT (FMCSA)

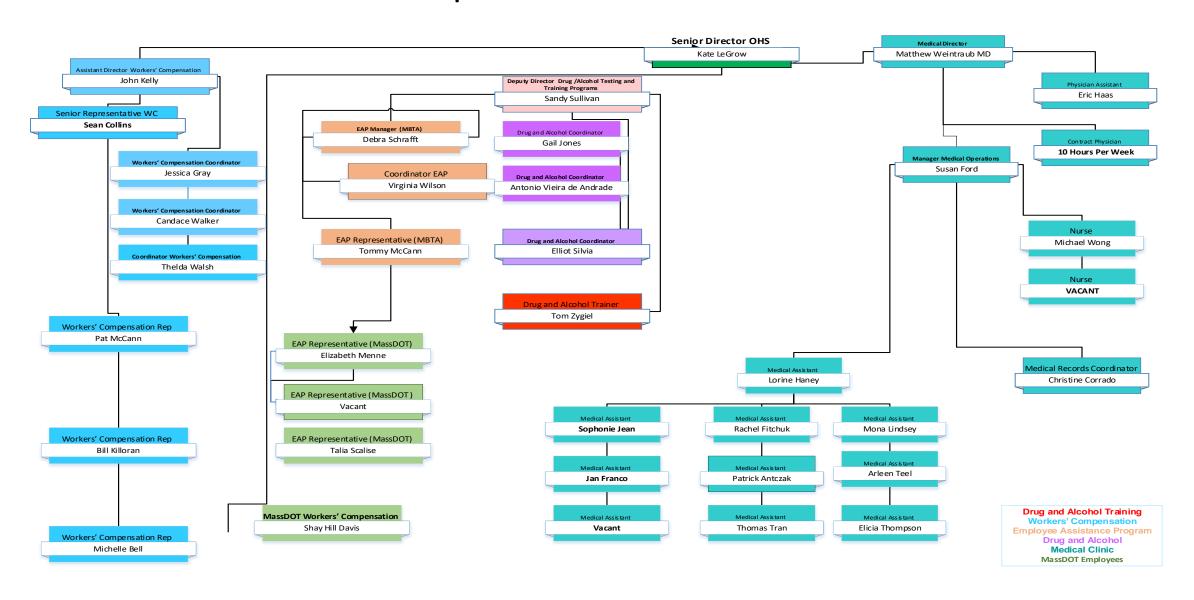
Drug & Alcohol

FTA, FRA, FMCSA Required Drug and Alcohol Testing.

Complete DOT Required Training (Front Line Staff and Reasonable Suspicion Training)

Provide Coverage 24/7 for Drug and Alcohol **Testing** 

### Occupational Health Services



# Occupational Health Services **Medical Clinic**



#### CY2019

<ul> <li>Physical Examinations</li> </ul>	3,280
• Sleep Disorders Treatment	
Compliance	19
<ul> <li>Drug and Alcohol Tests</li> </ul>	5,365
<ul> <li>Medication Reporting and</li> </ul>	
Monitoring	765
• Flu Shots	1,223
Chronic Health Conditions     Treatment Compliance	371
Treatment Compliance	5/1

#### CY2020

<ul> <li>Physical Examinations</li> </ul>	3,077
• Sleep Disorders Treatment	
Compliance	39
<ul> <li>Drug and Alcohol Tests</li> </ul>	4,568
<ul> <li>Medication Reporting and</li> </ul>	
Monitoring	2,171
Flu Shots	1,028
<ul> <li>Chronic Health Conditions</li> </ul>	
Treatment Compliance	567

#### CY2021

<ul> <li>Physical Examinations</li> </ul>	2,626
• Sleep Disorders Treatment	0-
Compliance	85
<ul> <li>Drug and Alcohol Tests</li> </ul>	5,160
<ul> <li>Medication Reporting and</li> </ul>	
Monitoring	4,133
• Flu Shots	674
<ul> <li>Chronic Health Conditions</li> </ul>	
Treatment Compliance	722

# Occupational Health Services Workers' Compensation Claims



#### CY2019

- Lost Time 272
- Medical Only (1-5 Days) 56
- Medical Only 444

#### CY2020

- Lost Time 234
- Medical Only (1-5 Days) 72
- Medical Only 294

#### CY2021

- Lost Time 295
- Medical Only (1-5 Days) 114
- Medical Only 268

# Occupational Health Services Workers' Compensation Litigation Activity



#### CY2019

• Conciliations 242

• Conferences 101

• Hearings 79

#### CY2020

• Conciliations 240

• Conferences 65

• Hearings 15

#### CY2021

• Conciliations 333

• Conferences 73

• Hearings 38

### Occupational Health Services Employee Assistance Program



## CY2019

#### Admissions 640

· Critical Incidents

• Critical incluents	<b>T20</b>
<ul><li>Stress (Work, Self, Family)</li></ul>	116
<ul> <li>Discipline Referrals</li> </ul>	168
• Substance Abuse (Treatment,	112
Evaluation and/or Referral)	113
• Mental Health (Treatment &	
Referrals	15
• Return to Work Agreements	18
<ul> <li>Other (Domestic Violence,</li> </ul>	
Grief, OHS Mandated, FFFD	
Assessments and Supervisor	
Recommendations)	54

#### CY2020

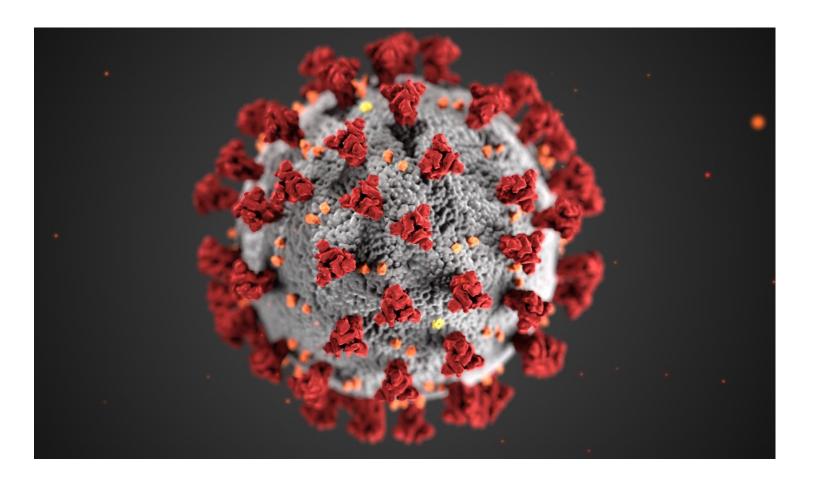
#### Admissions 558

Critical Incidents	151
<ul> <li>Stress (Work, Self, Family)</li> </ul>	93
Discipline Referrals	118
<ul> <li>Substance Abuse (Treatment Evaluation and/or Referral)</li> </ul>	, 103
• Mental Health (Treatment &	
Referrals	11
• Return to Work Agreements	19
• Other (Domestic Violence,	
Grief, OHS Mandated, FFFD	
Assessments and Supervisor	
Recommendations)	63

#### CY2021

#### Admissions 479

<ul> <li>Critical Incidents</li> </ul>	160
• Stress (Work, Self, Family)	90
• Discipline Referrals	90
<ul> <li>Substance Abuse (Treatment Evaluation and/or Referral)</li> </ul>	t, <b>71</b>
• Mental Health (Treatment & Referrals	19
• Return to Work Agreements	15
<ul> <li>Other (Domestic Violence, Grief, OHS Mandated, FFFD Assessments and Supervisor</li> </ul>	
Recommendations)	34





• COVID-19 Testing

Vaccinations

VaccineVerification

Occupational Health Services COVID-19



# Occupational Health Services COVID-19





